

Comprehensive School Counseling Program Components

School Counseling Program Components	Direct Service			Indirect Service Referrals/ Consultation/ Collaboration	Program Management and School Support
	School Counseling Core Curriculum	Individual Student Planning	Responsive Services		
ASCA recommends	Counselors should spend 80% or more of their time in direct and indirect service to students				Counselors should spend 20% or less of their time
Definition	Structured lessons designed to help students attain the desired competencies and to provide all students with the knowledge, attitudes and skills appropriate for their developmental level. Systematically delivered in collaboration with other educators.	Coordinate ongoing systemic activities designed to assist students in establishing personal goals and developing future plans.	Activities designed to meet students' immediate needs and concerns. May include individual or small-group counseling or crisis response.	Interactions with families, staff, and community partners to provide support for student achievement.	Comprehensive school counseling program planning and and evaluation, and other school support activities.
Examples	Emotion regulation Study skills Positive mindset Anti-bias/diversity/Anti-bullying Conflict Resolution Responsible decision-making Relationship skills Social awareness Suicide prevention Character Education Financial planning College/Career Exploration Job Skills	Forecasting Goal Setting High School Planning Post-Sec Planning FBA/BSP Safety Planning Exploring Ed Options Credit Recovery Dropout Prevention/Attendance Family Engagement	Conflict Mediation Mental Health and Threat/Self-Harm Protocols Family Problem Solving Peer Social Challenges Substance Abuse	Parent/family meetings Consultation with staff Referrals to community resources or mental health services Developing community partnerships Resource coordination SIT team meetings	School Climate Equity/CARE Team PLCs School Improvement Committees School event planning Action planning Data collection and analysis
Examples of Activities that cross multiple areas	Family meetings and events Small groups Conflict Manager/Peer Mediator Programs Resource development and navigation Tier II interventions				